

The Voice of Mensa in New Hampshire and Maine

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Whee!!!



We are pleased to announce that on 14 June, Mike and Caren Pelletier became the legal parents of Jordan Vladimir Pelletier, formerly an orphan in Nizhny Tagil, Russia. We offer Mike, Caren, and Jordan our congratulations!

New Hampshire Mensa

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The Fine Print

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Out of My Mind

LocSec Claire Natola

Exciting happenings are afoot! At the May ExComm meeting, we established a Fundraising Committee to explore ways that our chapter might increase its coffers to make the Mensa experience even better for all our members.

The Committee quickly got to work, meeting for the first time in early June. Many thanks to Joe Zanca for agreeing to serve as our Chair, and to Yvonne Crocker, Rob Roy, Adam Smargon, and Ashley Zanca for also agreeing to serve on the committee.

We discussed three major issues: (a) Why are we fundraising? (b) What are our potential needs? and (c) Specific methods of fundraising (large, medium, and small). Here's what we developed thus far:

I. Why Are We Fundraising?

- A. Retention
- B. Recruitment
- C. Member affinity/activation
- D. To do specific projects
- E. Self-sufficiency/solvency

II. Potential Needs

- A. Scholarships
- B. Membership recruitment/retention
- C. Retreats/training for officers
- D. Public relations/good works in the community
- E. Foster human intelligence
- F. Programming
- G. Support local community projects
- H. Image promotion
- I. Perceived value of membership
- J. Equipment
- K. Free/subsidized testing
- L. Volunteer recognition/banquet
- M. Specialty advertising

III. Specific Methods

- A. Large fundraisers
 - 1. Auctions/raffles
 - 2. Donations
 - 3. Gifted children conference

B. Medium fundraisers

1. Selling items on Ebay
2. Selling at-home tests at fairs or malls
3. Wine and cheese tasting at an art gallery
4. Raffles of items such as attendance at RG or space camp
5. Group attendance at Fisher Cats ballgame
6. Group clean-up at NH International Speedway
7. Sell food at Old Home Days
8. Matching funds
9. Buy One/Get One Free coupons

C. Small fundraisers

1. 50/50 raffles
2. Auction off meals
3. Flea markets/yard sales
4. Think-a-thon
5. Car wash/Car wash-a-thon
6. Bake sale (cookies, chocolate, ...)
7. Date auction
8. Basket auctions
9. Tournaments
 - a. Sudoku
 - b. Scrabble
 - c. Poker
 - d. Jigsaw puzzles
 - e. Backgammon
 - f. Bunko
 - g. Cribbage
 - h. Trivial Pursuit

We would **LOVE** to have your input on any of these ideas, or ideas of your own. Please feel free to contact Joe Zanca at zanca@zancas.com or 603-286-4157 to share your thoughts. We'll be regrouping again on Thursday, June 29th at Joe Zanca's home to discuss our next steps.

The enthusiasm for this Committee and other new goings-on in our chapter is infectious! The Beckers' events for Young Mensans of All Ages are really taking off, Judi Shaw hosts her first event this month, the Zancas are hosting another Road Rally and Barbecue, and we have the "Meet the RVC" event in Maine. Check the calendar pages for all the details. See you out there! 🍷



What's Cooking in Region 1

Region 1 Vice Chair Marghretta McBean

The Amazin' Mets are on a winning streak. It's World Cup time, when bars in New York City have Beer Breakfast crowds at 8:00 a.m. who have gathered to watch the world's most popular sport. There's at least one enclave in the city of every country playing, which makes it even more exciting.

For the second year in a row, the Granite State Mensans garnered numerous nominations in the Publications Recognition Program (PRP). This is a national forum wherein print and online publications are judged in various categories. *Momentum*, New Hampshire Mensa's newsletter edited by Claire Natola, was nominated in the Calendar, Mensa Recognition and Outstanding Newsletter (Medium Group) Print categories. This publication also had PRP Print Contribution nominations for Fiction - John McGondel's "No Dolphins on Fridays" and Non-Fiction: Mensa - Claire Natola's "7 Things I Learned at My First AG."

Our Ocean State Mensans also collected a nomination for Print Contribution, Non-Fiction: Essay. Congratulations go to Paula Grey of Rhode Island Mensa for her article "Making the Magic" which appeared in the *M'Ocean* newsletter where she is the editor. Best wishes to everyone for further glory at the awards ceremony in Orlando!

Speaking of recognising talent, my group, Greater New York Mensa, had its annual Talent Show. Who knew we had a national competitive eater champion in our midst? One of our members has won prizes for hot dogs (and buns), matzo balls, and baked beans consumption, to name just a few. His demonstration was literally show-stopping. Another member, an excellent a cappella singer, is in the process of recording a CD of Mensa singers, including herself, which hopefully will be available at the World Gathering.

Summertime means outdoor cooking and that means (at least to someone with Jamaican ancestry) Jerk Season. Jerk chicken, fish, tempeh, pork - you name it, it can be jerked. The word is supposedly from the word "ch?arki" (the question mark is part of the word), a Peruvian Quecha word. The Spanish transliterated that to "charqui" which meant jerked, or dried meat, which in English became "jerk," the origin of the word "jerky."

The technique of jerking was originated by the Maroons, Jamaican slaves who escaped from the British during the 1655 invasion. They seasoned their meat with local herbs, spices and the incendiary Scotch bonnet peppers, then cooked it until dry, which preserved it in the tropical humidity. There are three key seasonings: Scotch bonnet peppers, ground Jamaican pimento (allspice), and thyme (leaves or ground).

Jerk Sauce

- 1 cup brown sugar, packed
- 1 cup chopped red onion
- ½ cup ground allspice
- 2 Tbl. black pepper
- 1 Tbl. each: kosher salt, nutmeg, cinnamon
- ¼ cup chopped garlic cloves
- ¼ - ½ cup Scotch bonnet peppers, coarsely chopped*
- ¼ cup fresh thyme leaves OR 4 tsp. ground powder
- 2 Tbl. coarsely chopped fresh ginger OR 2 tsp. ground powder
- 4 Tbl. Pickapeppa Sauce (if you can't find it, Worcestershire is OK)

1. Place all ingredients in a food processor and blend until smooth, or pulverise with mortar and pestle. Sauce keeps indefinitely when refrigerated.
2. Rub meat with the sauce. If using a pork shoulder, score the fat and rub in. With chicken, be sure to rub under skin and in cavities. Can also be used with firm-fleshed fish, like bluefish or grouper. For tempeh or firm tofu, prick with fork so seasonings are absorbed.
3. Marinate overnight in cool place.
4. Grill over a low charcoal (if possible) fire until done: pink inside, dark outside.

*As with all hot peppers, wear rubber gloves when handling and wash all preparation surfaces when finished.

To see this and past articles visit <http://region1.us.mensa.org/cooking.shtml>. 📄



Business Meeting Minutes

Recording Secretary Claire Natola

Date: 23 May 2006

Present: Bill Alleman, Elizabeth Becker, Nicholas Becker, Yvonne Crocker, Wayne Eddy, John Lewicke, Ann Majeske, Claire Natola, Robert Roy, John Sheehan, Tom Shiel, Ric Werme, Joe Zanca

The meeting was called to order at 7:20 p.m.

Election Committee Chair Ric Werme reported the 2006 election results as follows:

Local Secretary:	Claire Natola
Assistant Local Secretary:	John Bauman
Treasurer:	Darlene Alleman
Recording Secretary:	Robert Roy
Members-at-Large:	Mark Becker
	Yvonne Crocker
	Wayne Eddy
	Joe Zanca

The meeting was adjourned at 7:23 p.m. 📄



ExComm Minutes of May 23, 2006

Recording Secretary Robert Roy

Voting Present:

LocSec Claire Natola
Asst. LocSec John Bauman
Sec Robert Roy
MAL Mark Becker
MAL Yvonne Crocker
MAL Wayne Eddy
MAL Joe Zanca

Other Members Present:

Ombudsman Marty Capodice
Publisher Ric Werme
Webmaster Bill Alleman
John Lewicke
Ann Majeske
Tom Shiel
Elizabeth Becker
John Sheehan

Meeting called to order at 7:25 p.m.

Chapter and National News: Claire reported we have 443 members; 303 in NH and 140 in Maine. Bill presented graphs of membership levels for the past few years.

Claire announced two-for-one home testing and in person testing during the month of June. Rob motion, Joe 2nd, testing information to be put out publicly. Motion passed.

Chair Updates: Information given out above during Chapter News.

Old Business: RG Trailer- John Lewicke update on trailer status. Everything all set and ready, need 3 tires. Rob motion, Joe 2nd, John to purchase 3 tires at less than \$20 each. Motion Passed.

By-laws amendments- Ric and Wayne still reviewing By-law Amendments and will report information at a future meeting.

Fundraising- Rob motion to form fundraising committee, Joe 2nd. Motion Passed.

New Business: Scholarships- Claire motion, Wayne 2nd, \$500 to essay #12 and \$200 to essay #7, John to distribute at future event. Motion Passed.

John to turn over LocSec materials June 2nd.

Next meeting June 20th in Concord, Chinese restaurant on Route 3.

Executive Session at 8:20 p.m.

Meeting adjourned at 9:00 p.m. 



Remembering Tom Arnold

1927 – 2006

It is my sad duty to let you all know that Tom Arnold passed away this weekend. Tom was a lifetime member of Mensa and was active from time to time in New Hampshire Mensa. The times that I talked with him at events he always had an interesting story to tell and a well-rounded and considered opinion on any and every conversation topic. - *Ann Majeske*

Tom was a great guy - really interesting. I was always happy for those times when he would appear at something that was going on. - *Deb Stone*

I first met Tom Arnold at a Mensa dinner at a Chinese restaurant in Nashua. At the time he was a manager at General Electric, and as some of his management philosophy matched my father's, I figured Tom would be a reasonable person to work for. He had moved to New Hampshire and bragged to one of his friends in New Jersey that a letter addressed to TIA, Brookline NH would reach him. One arrived a few days later.

Tom and his wife raised, adopted, and fostered many children. I met one in the same foster training class Paula and I attended early this year. Even after Tom retired from GE and after his wife died he maintained an interest in the children in the state and served on the New Hampshire legislature's Child and Family Law committee as Brookline's state representative. My wife and I sat in on several hearings and testified at some of them. Tom spoke little, but when he did he'd ask a question that could not be answered without the person disclosing his true interest in the bill at hand.

Tom was never very active in New Hampshire Mensa, but he always fit in at meetings he was at and somehow made the meeting more worthwhile. While there is much to mourn about Tom's passing, there is far more to celebrate about his life and many people walking down the same path. - *Ric Werme*

After a full life of 78 years, Thomas I. Arnold Jr. of 10 Milford St Brookline, NH and 40 Potts Point Rd Harpswell, ME peacefully went home to be with the Lord and his wife Barbara on May 28, 2006 after a courageous two year battle with Lou Gehrig's disease. Tom is widely known as a pillar of the greater Brookline community, having performed such roles as School District Moderator for over 40 years, Town Moderator for over 30, State Representative for 12 as well as a founder of the volunteer ambulance service. He had been a resident of Brookline since 1958.

Shortly after the onset of Lou Gehrig's, Tom was honored July 31, 2004, officially proclaimed "Thomas I. Arnold Jr. Day" by the Governor and Town of

Brookline, where many family, friends and dignitaries from across the State came to pay respect to him. Though he was not expected to live for much longer, through faith, courage and the love and prayers of his family, Tom far exceeded these expectations by almost 2 years.

During his 12 years in the State Legislature, Republican Representative Arnold was known to stand for his values and conscience, even if that didn't agree with his party's platform. Accomplishments include a bill declaring New Hampshire's official language to be English in addition to a persuading speech on behalf of allowing adopted children access to their original birth certificate. In all of his many public service offices held, Tom was known for his honesty and forthrightness. In addition to those positions already listed, Tom also previously served on the Brookline Planning Board, Zoning Board of Adjustment, Board of Selectmen and the Hillsborough County Legislative Delegation's Executive Committee.

While many in the region will remember Tom for his service to the public and generosity, his family will miss a man who cherished every opportunity to spend time with them. Tom and Barbara (Phinney) were married on July 25, 1953, and went on to spend 31 loving years together before Barbara was called home June 9, 1985. The fruit of their shared love for children was very evident in their life as they produced and adopted 10 and took in dozens of foster children. Even into the last stages of Lou Gehrig's disease, Tom could be found teaching and playing with the little ones on a regular basis.

Tom Arnold was born in Patterson, NJ on October 11, 1927, where he lived until his family moved to Ridgewood, NJ when he was 14. After graduating from Ridgewood H.S. in 1945, Tom began his studies at Stevens Institute of Technology, where he would go on to earn his Bachelors in Mechanical Engineering in 1950 and Masters of Science in 1954.

During his time at Stevens, Tom also served his country by joining what, at the time, was the US Army Air Force, where he served between 1946 and 1947 in the Pacific region during World War II.

As fate would have it, Tom would end up meeting his future wife who was from nearby New York in the small coastal town of Harpswell, ME; a place both families kept summer homes. Tom and Barbara later purchased their own summer home there.

Throughout his career, Tom made a living doing what he enjoyed: being an engineer. His career included Curtis Wright, Sanders, RCA (later GE), and CompuGraphic. Upon retiring from GE, Tom held the title "Manager of Quality Assurance".

Tom is survived by his ten children and their spouses: Thomas Arnold III, Edward and Barbara Hardy, Edward and Barbara Arnold, Michael and Patricia Cota, Peter Arnold, Dennis Arnold, Joel and Nancy Gibbs, Richard Arnold, Susan Audet, and Charles and Dionne Arnold. He is also survived by 24 grandchildren and 3 great grandchildren. In addition, he had two sisters: Mary Liz Hillas (deceased), and Virginia Lovejoy, both of Maine. Anyone wishing to honor Tom's memory is asked to donate to the Brookline Ambulance Service. ■■■



Letters to the Editor

Claire, would you please put this in *Momentum* for Mensans going to Orlando in August? I'm on a free weekly e-mail newsletter from the website www.internettourbus.com, and a recent issue featured the following, which I have edited for brevity:

"With Disneyland less than 14 miles from my home in southern California, I tend to spend a lot of time there. Three weeks ago we visited and rode 13 rides before lunch. On a Sunday! In May! In a Disney theme park! How did we do it? Well, before we left the house, we used a commercial Windows program called "RideMax." RideMax computed the historical wait times for each of the rides we selected, and then created a printable, minute-by-minute, ride-by-ride itinerary that routed us around the longest lines. We printed our personalized RideMax itinerary and took it with us to the park. Our longest wait time was approximately 10 minutes, and on most of the rides we simply walked on without any wait time at all.

RideMax isn't free, and it only runs on Windows. Two versions of RideMax are available, one that covers all of the theme parks in Orlando's Walt Disney World (\$29.95) and one that covers the two theme parks in Anaheim's Disneyland Resort (\$26.95.) Both are available at <http://www.ridemax.com>.

Once you download and install the RideMax software on your personal computer, using the software is relatively easy. In fact, check out the "How RideMax Works" page at <http://www.ridemax.com/howridemaxworks.php> to see what RideMax looks like and to learn how the software works. <http://www.ridemax.com/sampleplan.php> shows a sample plan."

Adam Smargon

Thank you, Adam! I'm sure this will be helpful. I hope you don't mind that I cut out another 60% of it for further brevity. - Ed.

Dear Editor: Hi; I'm a 24-year Mensan who has lectured at numerous AGs & IRGs, authored a highly acclaimed book (*Intelligence & Giftedness*), undertaken a characteristics study of (2,720) members of high IQ societies and, most recently, on behalf of a foundation I've dedicated my life to since 1982, built conceptually-organized, deeply subject-indexed, easy-to-use, computer-housed, journal-article libraries. On behalf of this foundation, I'll be unveiling these libraries at the Orlando World Gathering.

Since there are many deeply-covered subjects that will spark the interest of Mensans – and since copyright theft prevention is of major concern – the extent to which attendees will be able to access specific areas depends on whether we can find people to volunteer their time and computers to this

effort. How people can help at the World Gathering: (1) provide opportunities for attendees who sign up to view one of these areas, acting as a guide to its subject-index organization, doing a "show and tell," (2) bring a computer (laptop or, if you're driving, PC) to house a CD or DVD for viewing a library section for a specified time period and, if needed, provide a place for them to do so (we have a suite, but other priorities may restrict its availability); and/or (3) serve a general safeguarding function.

Selected library areas we'd like to display at the World Gathering:

From our Library of Human Intelligence and Neuroscience: (1) Intelligence (IQ) and Giftedness (2,000+ articles); (2) Language (2,900 articles in 250 subdivisions, including 500 on dyslexia); (3) Memory (~2,000 articles in 200 subdivisions); (4) Sex/sexuality (mate selection; cognitive & brain diffs; sexual orientation...); (5) Music; (6) Left-handedness; (7) Longevity; (8) Normal aging (brain & intellect).

From our Library of Mental Disorders and Personality Traits: (1) Schizophrenia (1,325 subdivisions, housing 12,700 articles); (2) Bipolar (manic depressive) disorder (440 subdivisions; 3,400 articles); (3) Autism (180 subdivisions, w/focus on Asperger & HFA); (4) OCD


From our Library of Evolution and Inheritance: (1) Human, hominoid/primate & brain evolution (535 subdivisions); (2) Evolutionary concepts (including creationism -v- intelligent design)

From our Library of Genomics and Genetics: (1) genomic landscapes & their regulation; (2) genome evol. by landscape feature

From our biomedical progress and ethics holdings: (1) stem cells and cloning; (2) cannabis (ab)use; (3) end-of-life decisions; (4) polygraph potentials

As these articles are conceptually organized and deeply subject indexed, as well as artfully labeled and very up to date, perusing storehouses of knowledge such as these will routinely generate faster, more productive results than keywording, and will provide detailed pathfinding.

Thanks in advance for any help you can provide in this effort.

*Dr. Miles Storfer
Foundation for Brain (Life) Research
brainfoundation@adelphia.net
561-637-2457* 



Upcoming Testing Sessions

Tell Your Friends!

Information on testing and prior evidence can be found at nh.us.mensa.org. Anyone 14 or older who wishes to take the Mensa Admissions Test should pre-register with the respective proctor listed below, who can provide testing site information. The test costs \$30; a photo-ID is required.

Date	Location	Proctor
Wednesday, 12 July 6:00 p.m.	Portsmouth, N.H.	Adam Smargon 603-978-4205
Saturday, 15 July 10:30 a.m.	Weare, N.H.	Bill Alleman 603-529-4446
Wednesday, 19 July 7:00 p.m.	Nashua, N.H.	John Bauman 603-883-7494



Sudoku

©Puzzles by Pappocom (<http://www.sudoku.com>)

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Solution can be found on Page 20.

			8		5			
		9				1		
5	3		1		6		9	4
9	4						8	3
		5				7		
2	8						4	5
1	2		3		4		6	7
		3				5		
			9		8			



Notes from National

New Member Benefit: American Mensa's Membership Committee is charged with coordinating activities relating to members, member benefits and services, retention of members, membership renewals, etc. Following this charge, AMC Membership Officer Heather Miller and her committee would like to announce the following new member benefit: LifeLock Identity Theft Prevention. Secure your identity with this new benefit available to American Mensa members! LifeLock is a company of former senior bankers, technology officers of huge companies, security experts and entrepreneurs who have built highly successful companies. They supply the world's only solution that will actually prevent your identity from being used and back up their claim with a one-million-dollar guarantee. If your identity is stolen while you are a client of LifeLock, and your claim is legitimate, they will do whatever it takes, for however long it takes, however much it costs to fix it, and you won't lose a nickel. American Mensa members can enjoy this security at a discounted rate of \$9 a month – and protect children for only \$9 a year! – by using the promotional code MENSA. Visit www.lifelock.com and enter the code to get more information or to purchase LifeLock.

Project Inkslinger News: Hopland Elementary School in Hopland, California was the only school in the state that was completely closed as a result of the New Year's flooding. Thousands of books were lost. The school is scheduled to reopen this September after extensive repair. Amy Wachspress of Redwood Empire Mensa has asked if we can help replace the school library books for the children.

Hopland Elementary is a small rural community school with about 170 students in grades K-6, plus a preschool. It serves a highly Native American and Latino population. After the flooding the children joined in, wearing rubber gloves and big gum boots, to cart the ruined books out to the dumpster in Radio Flyer wagons. Amy said it was heartbreaking.

Please consider sending some books for the children. Books should be developmentally appropriate for ages 4 to 11. Science, poetry, all the good stuff. Lots of picture books. Books about horses, farm animals, gardens, and nature. Books with Native American and Latino themes. Books in English, or Spanish, or bilingual. Classics as well as contemporary. And those series that children love like the Goosebumps, Animorphs, Babysitters Club, Series of Unfortunate Events, Harry Potter, etc. Well, just about everything!

New or gently used books would be nice. Even one would be welcome. If you send many, please limit each box weight to 30 pounds maximum. Check with carriers for book shipping rate. Send books to: Hopland School/Warehouse, 130 Fircrest Avenue, Ukiah, CA 95482. - *Respectfully, Michael Paul Beetham, Project Inkslinger Coordinator* 📧



2005-2006 Scholarship Winners

New Hampshire Mensa is pleased to announce the winners of local and regional scholarships from the 2005-2006 Mensa Foundation Scholarship Essay Contest. The contest is open to any student who is enrolled in a degree program in an accredited U.S. institution of post-secondary education and who currently resides in Maine or New Hampshire (our local group's area). Each applicant must write an essay which describes his or her career, vocational, or academic goals. Blind judging is then done on three levels: local, regional, and national. 65 essays were submitted for consideration this year; our winners are truly the cream of the crop.

Gratitude goes out to the many volunteers who made this year's scholarship contest possible and successful. Scholarship Chair Adam Freiband did a wonderful job of coordinating everything: rounding up judges, disseminating the essays to them, moving the essays up the chain for regional and national judging, and so much more. Essay Judges Ed Stevens, Frank Repensek and Elaine Cote gave much of their time to this important service and deserve many thanks. John Bauman picked up the ball to complete the awarding process when life (and Iraq) got in Adam's way. The whole procedure of notifying schools and colleges of the contest got off to an easy start due to the stellar record-keeping of Curry Bartlett, Keeper of the List. And Elizabeth Becker came up with great fundraising ideas that helped us raise nearly all the scholarship money we needed at this year's Regional Gathering. Deepest thanks to you all!

This year, two of our entrants were awarded regional scholarships by the Mensa Foundation: The **\$500 Grosswirth-Salny Scholarship** has been awarded to Jessica Destramp of Hudson, New Hampshire, a senior at Alvirne High School. The **\$300 Diana Mossip Memorial Scholarship** has also been awarded to an Alvirne High School senior, Crystal Landry, also of Hudson, New Hampshire.

As for local scholarships that come directly from our chapter, the **\$500 Joe Zanca Scholarship** is also being awarded to Crystal Landry, and the **\$200 second-place scholarship** is being awarded to Benjamin Waters of Peterborough, New Hampshire. Benjamin is a freshman at George Mason University in Fairfax, Virginia.

Invitations to Mensa events are being extended to Jessica, Crystal, and Benjamin, so we hope that many of you will be able to meet them this summer. We offer our congratulations to them and wish them great success in their studies as they work hard to achieve their admirable educational goals.

Here we reprint this year's winning essays:

Grosswirth-Salny Scholarship winner Jessica Destramp's essay:

I am not an underachiever. You can see it in my high school transcript: A's in numerous honors and advanced placement classes. You can also see it in my extracurricular activities: varsity softball, Destination Imagination coach, national honor society, etc. However, my non-underachiever status may be best reflected in my academic and career goals and what I have accomplished thus far in order to reach them.

I plan to double major in English and music (with a master's in education, eventually), and later become a professor of either subject. I recognize that the combination of the two will require a substantial amount of commitment and focus from me. I also acknowledge that, in order to become a professor, I will need to get published. I have the will and the ability to reach this goal, and I have already taken a few steps to get myself there.

First of all, I have taken the most advanced courses in English my high school offers. In freshman and sophomore years, I took Honors English, the highest level available. In junior and senior years, I opted for AP American Literature and AP British Literature, respectively. These were also full-year courses at the most advanced level. I took the Advanced Placement English Language examination at the end of my junior year and earned the highest score possible. I plan to take the Advance Placement English Literature examination at the end of this year.

As for music, I have taken two full-year music courses every year of high school. I have performed well in both Concert Band and Stage Band. I have also been a member of the school's marching band for the past four years, and was selected for the coveted role of Drum Major in my junior and senior years. I have learned flute, clarinet, French horn, mellophone, and trombone (sometimes to suit the band's needs, sometimes for fun) in addition to the alto sax, tenor sax, and piano which I already knew how to play.

Secondly, I have demonstrated commitment to these subjects outside of the school day. In the English realm, I have taken a job at the regional newspaper as a bi-weekly columnist, and am seeking a job at the more local newspaper in my area. I have also attended the New England Young Writers' Conference at Middlebury College. Two writers per school were selected, and I was one of those accepted.

Music is an equal priority. I attended Drum Major Academy for the past two summers directed by George N. Parks. In addition to committing to an active performance schedule for the three school bands, I have auditioned to Jazz All-State for the past four years; I made the Jazz Band in my sophomore and junior years, and made the Honors Jazz Band in my senior year with the state's highest score for baritone sax. I attend private music lessons weekly with an instructor who teaches performance and music theory.

I am applying for a number of scholarships to help defray college expenses to pursue becoming a college professor. It is my hope that the culmination of these efforts will be timely achievement of my goal.

**Diana Mossip Memorial Scholarship and Joe Zanca Scholarship winner
Crystal Landry's essay:**

A ballerina, a police man, an astronaut, every kid dreams of being something "big" later in life. Everyone wants to have that special title. Me? Well, I was like everyone else...I had some ideas, but they never remained the same. At one point I actually remember wanting to be a stewardess. And yet, eventually we all snap to reality and realize we're not the MLB baseball player we dreamed of being at age ten. However, we all find a new dream and the dream becomes more realistic as time passes. My realistic dream came the day my grandfather was rushed to the hospital. Within all the chaos I remember entering his ICU room and crying while I stared at the IVs. A young woman dressed in scrubs and a stethoscope around her neck gently came over to comfort me. That night I went home and thought about her and how kindhearted she truly was. My first realistic career path choice came from this encounter. I wanted to be her...the caring, sympathetic, and compassionate nurse.

Nursing is not a major you can simply say you want to go into. This job involves a lot of different situations and it is not for everyone. I can prove however that this is my future career. I have taken a class entitled Health Occupations Student of America (HOSA) for two years at my high school. This class has given me an opportunity to explore the medical world. I was elected class President. I also play a key role as the *Health Beat* announcer. My job as announcer is to inform my high school peers of health issues on our school TV network. I have also put a lot of hard work into studying about the medical field. In my first year of HOSA I did a career project on nursing. I also placed 2nd at our State competition in the Medical Clinical Competition. Because of this placing I was able to go onto the National Competition where I placed 7th. The second year of HOSA is strictly a program to get the students licensed as Licensed Nursing Assistants (LNA). By the end of April I am proud to say I have completed this rigorous course and will be a medical professional.

This program has given me an opportunity to experience the wonders of the medical field, but I do not want to stop at this program. I need a further education to be able to become the person I want to be in four years. I want to be the tactful, supportive, and professional individual that the perfect Registered Nurse (RN) is. I hope that after four years I will not even want to stop there. My ultimate goal is to become a Nurse Practitioner (NP) two years later. With further education I can be the person who comforts and relieves you when you are sick or in pain. I can be that person a little girl can look up to and say, "I want to be her." I want to be a nurse, the heartbeat of healthcare.

Second place local scholarship winner Benjamin Waters' essay:

As my education progresses, my career goal becomes clearer and is now narrowed down to management. Management of exactly what, I am not

yet certain, so I continue to pursue a broad range of experiences while working toward a BA in Economics with a multi-disciplinary Global Affairs minor. This academic base will serve to support any field I choose. Completion of a Master's in Management is planned. Being a person of many interests, I've explored a number of areas in which I might like to ultimately forge a career.

In high school I was awakened to the idea that I was a successful manager and was happiest in that role. I didn't realize I possessed many of the needed skills until I actually used them. Yes, I served in various leadership positions, but never really thought about why that happened. While fulfilling assorted duties, I perceived that leaders are effective only when they develop dynamic connections to their environment. They connect to goals and those goals connect to the needs of a community. Meaningful leadership is grounded in action. One cannot manage without leading and cannot lead without managing.

Colleagues at the *National Young Leaders Conference* elected me Minority Whip, resulting in receipt of the Youth Leadership Award. This program helped me understand management in the political arena. I've since been accepted as a delegate to the *Global Young Leaders Summit* for high-achieving college students showing strong leadership potential.

Production and direction of a totally student-run theatrical production was a hands-on management experience through which I quickly learned that teamwork doesn't just happen. There has to be a leader who does a tremendous amount about listening, observing, decision-making, problem solving, and facilitating groups. I had to be open, flexible, empathetic, insightful, visionary, and self-confident. There's a delicate relationship between leaders and followers and I saw myself as part of a whole. Sometimes followers become leaders when they have the "answers," a concept managers must be perceptive enough to grasp.

Leadership positions in my synagogue youth group, school newspaper and drama club all served to help define my goal. Leadership is a required component for membership in the National Honor Society. Employment in food service delivery, the retail grocery business and the college bookstore has given me insight into business management.

At George Mason University I'm fortunate to be a part of a number of programs at the outset of my college career. The Honors Program is opening my eyes to the interrelationship of various disciplines through a series of specially designed core courses. Fewer than one percent of Freshmen are selected *Mason Ambassadors*. Following submission of a formal essay and a series of rigorous interviews, I am now a part of this group. During the course of a year an ambassador interacts with literally thousands of people, from prospective students to dignitaries. In essence, I help manage sales of the total GMU experience. I'm also a University Singer, an outstanding musical challenge affording interaction with musicians from other nations.

The probability of reaching my career goal in management is high. My plan is to follow a carefully designed academic program including at least one internship, while continuing my journey through outside opportunities. ■■



Calendar of Events

July 2006

Su	Mo	Tu	We	Th	Fr	Sa
Many thanks to our event hosts!						1
2	3	4 <i>Independence Day</i>	5	6	7 Temperance League	8 Road Rally and BBQ
9 Second Sunday Brunch Bunch Sunday Puttering Time	10	11 R.S.V.P. Date for Shoestring Gourmet	12	13	14 The Brady Bunch	15 Shoestring Gourmet
16 North Country Lunch Central Maine Dining	17	18 Pre-FSM Dinner FSM/ ExComm	19	20	21 WinnipeSupper	22 "Meet the RVC" Barbecue
23	24	25 Dinner and Pub Quiz	26	27	28 Appetite for Discussion	29 Games Night
30 Young Mensans of All Ages						

Mensa members are welcome to submit calendar listings to the Calendar Editor (calendar@nh.us.mensa.org) before the first of the month prior to the cover date. ♦ Event hosts may petition the Executive Committee for funds to promote events via postcard to members within a proximate geographic area. ♦ It is NH/ME Mensa policy to avoid conflicts as much as possible, but no conflicts are allowed to group-sponsored events. ♦ Mensans, members of their household, and invited guests are always welcome at group-sponsored events. ♦ Hosts of home-based events reserve the right to restrict attendance due to space or other appropriate reasons. ♦ While our hosts endeavor to provide accurate directions, attendees are well-advised to use their mapping medium of choice to determine their own best routes. ♦ In addition to being proper etiquette, R.S.V.P.'ing makes logical sense; it helps the host plan for the proper number of attendees and allows you to be kept abreast of any changes or cancellations.



Future Events

Gold Panning Weekend: Bill Drinkwater and Scott Cayouette are hosting a Gold Panning Weekend on August 5-6 on the Swift River, the best-known gold-bearing river in Maine. Two lean-tos have been reserved at the Coos Canyon Campground (445 Swift River Road, Byron, Maine 04275, 207-364-3880, <http://www.cooscanyoncabins.com/campground>). Each lean-to has a capacity of 8-10 for camping. Check-in is at 12:00 p.m. on the 5th, with check-out at 12:00 p.m. on the 6th.

Bill Drinkwater was a gold prospector for 15 years in Maine, California and Alaska, and a full-time miner for four years in Northern California. He has taught gold panning and small-scale gold mining in the Golden Gate National Recreation Area in San Francisco, and conducted gold panning adult education classes in Maine. He will show you a few simple things you can easily and inexpensively use to get more gold while panning, such as gold pan screens, simple hand-operated suction devices, an underwater viewer, etc. Bill will have a few gold pans with him for anyone to use. In addition, there are gold pans available for rent at the campground. Bill will be going up to the site the day before to scout for possible good spots to pan.



There is no cost for panning; the only cost to participants is for accommodations. Those wishing to sleep in the pre-reserved lean-tos can send a check for \$5 per person to Scott Cayouette, P.O. Box 42, North Vassalboro, Maine 04962. Be sure to reserve your place early before all the slots are taken. Additional sites are available for campers and RV's at a higher cost; reservations for those need to be made separately by contacting Coos Canyon Campground directly (see contact information above). Even if you make separate accommodations, you are asked to contact Scott or Bill to let them know you will be joining the group for panning.

Because the lean-to is a primitive shelter, you must bring your own sleeping bag and air mattress. Mosquito netting to put over the head of each sleeping bag and/or bug repellent is recommended. You may want to pack a blanket, too, just in case the evening is chilly.

You should also plan to bring food, drinks, sunscreen, and some spending money for the campground store/gift shop in case you forget anything. (Credit and debit cards are accepted.) For food, you'll want to bring appropriate camping or fireplace-type food and a food cooler of some sort, if necessary. Traditional camping treats such as marshmallows or s'mores are especially good for children, who are most welcome and encouraged to attend this event. There is a picnic table and a fireplace at each lean-to; however, in the unlikely event that the forest fire danger is rated as extremely high, campfires may not be allowed.



Multifarious other activities are available at the campground such as swimming, fishing, picnicking, hiking, kayaking, inner tubing, etc. Bring your own gear (e.g., kayak, inner tube) if interested. Coos Canyon Campground has bathroom facilities and showers on-site.

For any questions about the campsite, or to R.S.V.P., contact Scott Cayouette at 207-649-1515 or sacayouette@yahoo.com. Anyone with questions about gold panning is free to contact Bill Drinkwater at 207-342-5042 or orion293@fairpoint.net.

Directions to Coos Canyon Campground from the Maine Turnpike: Take Exit 75 Auburn. Turn left at the end of the off-ramp. Follow Route 4 through Auburn to the Turner/Livermore Falls town line. Turn left onto Route 108. Turn right at the blinking traffic light in West Peru. Cross the bridge and turn left onto Route 2. Follow through Mexico until you come to a traffic light. Turn right onto Route 17 West. Travel 14 miles and take a right into Coos Canyon Campground just before the picnic area.

Scott Cayouette has purchased 23 tickets to the Sunday, September 3rd game of the **Portland Sea Dogs vs. the New Hampshire Fisher Cats** in Portland, Maine. They are in section 204 behind and to the right of home plate, the best you can get without season tickets! If you'd like to join the Mensans who have already snatched up many of these tickets, contact Scott Cayouette at sacayouette@yahoo.com or 207-649-1515. 🏠

KICK IRRATIONAL by Brian Lord www.KickComics.com



Sudoku Solution

6	1	4	8	9	5	3	7	2
8	7	9	2	4	3	1	5	6
5	3	2	1	7	6	8	9	4
9	4	7	5	6	1	2	8	3
3	6	5	4	8	2	7	1	9
2	8	1	7	3	9	6	4	5
1	2	8	3	5	4	9	6	7
4	9	3	6	1	7	5	2	8
7	5	6	9	2	8	4	3	1