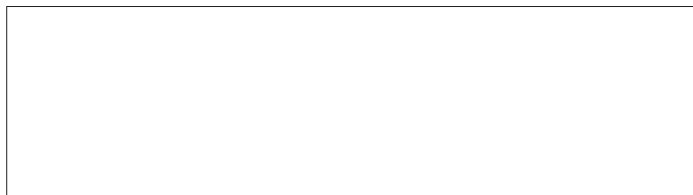


MOMENTUM

The Voice of Mensa in New Hampshire and Maine

Vol. 24 No. 7

February 2005





Bauman's Quiver

LocSec John Bauman

As the cover of last month's newsletter proclaimed: The RG is coming! The RG is coming! I would like to take this last opportunity to urge all members to consider attending if you have not already registered. You have missed the deadlines for all the price breaks, but walk-ins are always welcome, and truthfully, prayed for. Since this event is our primary source of revenue for the local scholarships that the chapter underwrites, we need the "full rate" participation of late registrants to increase our bottom line and to keep the event from becoming a financial loss. I would direct all members new to NH Mensa or to the concept of Regional Gatherings to page 12 of the January *Momentum*. This short primer on RGs covers most of the basics.

Turning to the specifics of this RG, there will be a three-track speaker program with more than 15 programs being offered. We are trying a new venture this year - a "no holds barred" music room, offering the chance for anyone to bring in their instrument of choice and play solo or as part of a pick-up jam session. This, in addition to beginner dance instruction, should take the music emphasis started at November's Pilgrimage RG to the next level. There will be the usual strategy board game competitions, a catered buffet on Saturday at no additional charge, the required chocolate orgy, international coffees and shrimp at midnight. Above all, there will be excellent conversation on a myriad of topics, which is the hallmark of an RG. So if you have not registered yet, do not mail in a form at this time - the registrar resides in California and you run the risk of having your nametag and

packet arriving too late. Make plans to be at the Center of New Hampshire on Presidents' Day weekend and I will see you there!

I am pleased to announce that another member has agreed to step forward to volunteer to relieve Bob Reed as the Gifted Children Coordinator for the state of New Hampshire. I would first like to thank Bob for the time that he spent ably filling this vital position. Although the position does not often receive a lot of fanfare, I am sure that the students and parents who have availed themselves of this resource were glad that it is in place. Bob is being spelled by Dr. Fran Tishkevich, who is no stranger to the arena of GCC. Reading through newsletter archives recently, I was astounded to see the scope that the GCC program used to enjoy under Fran's previous stewardship. Although her family and career demands forced her to step down from the position, she has agreed to put on the mantle once more. If her contribution is but a fraction of her past efforts, then the chapter will indeed be fortunate.

The deadline for submission of essays for the scholarship contest will have passed by the time you are reading this. As the deadline was drawing near, we had received in excess of 50 entries, so it is gratifying to see that the publicity announcements that were sent out did in fact spark interest. The planning that was drawn up when this project was undertaken called for 200 submissions from each of the states in our region, and although it looks as if this goal was far too ambitious, we have far exceeded the participation of last year's contest.

Hopefully, we can continue to build on this next year, especially in light of the creation of the Joe Zanca Scholarship. I am apprised that the judging duties are well in hand, but anyone having a late interest in this should contact Christine Bartlett at scholarship@nh.us.mensa.org.

On a national level, there are some deadlines fast approaching. Anyone interested in nominating someone for either the Copper Black Award or the Mensa Distinguished Teacher Award needs to have that entry in by February 1. You will just squeak under the wire if you are depending on this reminder to make you act. Anyone interested in forming a team to participate in CultureQuest XVI needs to have the application in by March 1. More details on all of these can be found on Page 6 of this issue of *Momentum*.

Colloquium 2005 will take place in Tucson from March 4-6. The topic this year is renewable energy and a price break is available through February 15. Anyone interested in becoming a petition candidate for RVC, or any other national position, should be busy collecting signatures, since the deadline for receipt by AML is March 15. Finally, Mind Games will take place in Tampa on April 15-17. Take a moment to research any and all of these events to expand your Mensa involvement.

As you make your Super Bowl plans, you may want to consider a visit to the big screen at Allemanse. Bill has extended an open invitation again this year to NH Mensa - let's see if we can top last year's attendance. GO PATRIOTS! BEAT THE EAGLES!! #



What's Cooking in Region 1

Region 1 Vice Chair Marghretta McBean

The last days of 2004 were busy ones for me, spent with Mensans near and far. Traveling north to Binghamton, I was met at the bus depot by Mary Jo Kelleher, the President of Mensa of the Southern Tier (MOST). As we drove to Bainbridge ("The Home of Elmer's Glue"), we passed the swollen banks of the Susquehanna River. Tree tops, whose bases were submerged in the river, rose out of the misty banks, looking like a dream scene. I met several members of eastern MOST at their monthly lunch, one of whom is a microbiologist turned blacksmith, whose wrought iron pieces have been commissioned by the Cooperstown Museum. Mary Jo, who is also Region 1's Scholarship Chair (after local groups select their best scholarship essays they are

sent on for regional judging), presented Certificates of Appreciation to several of the attendees, one of whom (Carole Beach) has been the organiser of this lunch for over eighteen years.

The next day found me celebrating Greater New York Mensa's 40th Birthday. Proclamations from Mayor Bloomberg (New York City), and the Nassau, Suffolk, and Rockland County Executives were on display. Brenda Giammanco, GNYM's President, James Wolin, GNYM's Past President and Lenore Friedman, GNYM's wonderful Hospitality Chair are to be commended for the excellent party which they gave! Specially labeled demi-bottles of bubbly were given to the partygoers, and the popping corks added to the festivities.

The next weekend found me up north once again, but this time across the border in Burlington, Vermont. A “warm spell” kept temperatures in the low 20’s (F.), making outdoor walking pleasant. Reviving a long-standing Vermont Mensa tradition, I hosted a holiday get-together. I was pleased to meet about dozen Mensans, including Brian Lerich, VM’s past president, and Jeane Thompson, the VerMonter editor. Ironically, no one from Burlington was present, yet some attendees had driven over two hours to attend. Having seen a Brazilian flag outside a restaurant during my afternoon walk, I suggested to the group that we adjourn there for dinner. What a wonderful evening! The Souza Churrascaria kept the comestibles coming non-stop, and we Mensans kept the conversation going non-stop.

I sincerely hope that enough Vermonters care enough about their group to keep it self-sustaining. According to Mensa’s bylaws, a group must have a Local Secretary (President). While I have been acting as a temporary president for the group, this is not a permanent solution. There is increasing pressure from the national office for me as Regional Vice Chair (RVC) to disband Vermont Mensa. There are those who feel that small groups (under 100 members) are practically incapable of self-sufficiency, and that the best solution is to disband them and have their members absorbed into larger neighbouring groups, often without the consent of these “next door neighbours”. This does not solve the problem, to me. It just creates large to huge geographic groups that are difficult to administer, with members who feel even more isolated. Perhaps the time has come to rethink the necessity of a local group: many Mensans have little or no interest in local activities,

which the 5-10% (on average) attendance rates bear out.

The recent tsunami disaster had a personal note for me. A wonderful Indonesian woman I know lost her entire family and village. She missed the devastation due to an overzealous airport security check, which caused her to miss her flight. In happier times, she would cook huge banquets of vegetarian foods that even hard-core carnivores devoured. Tempeh, a fermented soybean product with a meaty texture, originated in Indonesia and is available in health food stores and many supermarkets. It’s high in protein and low in calories.

Spicy Citrus Broiled Tempeh

- 8 ounces plain or multi-grain tempeh
- ½ cup orange juice
- ¼ cup lime juice
- 1 Tbl. orange zest
- 1 Tbl. lime zest
- 1 tsp. olive oil
- ½ tsp. salt
- ¼ - ½ tsp. red pepper flakes
- ¼ - ½ tsp. ground cumin

1. Cut tempeh into inch-wide strips. Place in non-reactive baking dish.
2. Mix remaining ingredients and pour over the tempeh.
3. Cover with plastic wrap and refrigerate 2 to 24 hours.
4. Preheat broiler. Broil about 15 minutes, until browned and firm, basting occasionally.
5. Serve with rice and kecep (a sweet soy sauce). ■



Notes from National

THIS YEAR'S CULTUREQUEST® will take place Sunday April 10; now is the time to register teams. CQ rules and application are available under Event Registration in the Member Resources area of the AML Web site (<https://secure.us.mensa.org/members/eventreg.php>). NH/ME Mensans interested in being on a team are urged to contact Editor Claire Natola by February 21 at mensabear@hotmail.com or 603-279-9986.

MEMBERSHIP RENEWAL SEASON is here! All members whose memberships will expire on March 31 will receive a renewal notice soon. Renewing via the AML Web site (www.us.mensa.org/renew) is easy and efficient! Visa, MasterCard, American Express, Discover and check debit options are available. Because of mailing deadlines, the renewals list was prepared on December 1. Therefore, members who renewed after December 1 may yet receive a renewal bill in the mail. If so, please disregard it.

MADE POSSIBLE BY A BEQUEST from the late Copper Black, a devoted member who wished to encourage creative thinking by Mensans in devising solutions to “at work” or societal problems, the Copper Black Award for Creative Achievement carries a \$500 prize. For information about this award, which has a February 1 deadline, please visit the Foundation Web site (www.foundation.us.mensa.org) or call 817-607-0060, extension 123.

THE MENSA DISTINGUISHED TEACHER AWARD recognizes a special teacher, instructor, or professor who had an especially positive influence on the education or life of a Mensan. The winning teacher will receive a plaque and be recognized at the Annual Gathering, and the teacher's school district will receive a plaque as well as a cash donation. For information about this award, please visit the Foundation Web site or contact the committee chair at DistTeacher@merf.us.mensa.org. This award also has a February 1 deadline. ■



Local Kudos

Longtime NH Mensa member **Lynne Guimond Findlay** had a black-and-white landscape photo accepted for inclusion for the Biennial Jurors' Choice art exhibition at the Thorne-Sagendorph Gallery (Keene State College; Keene, NH). The show runs through March 6.

A color portrait by Lynne appeared at the Cambridge (MA) Art Association's juried “Blue” show, which ended January

3. The exhibit was located at University Place in Harvard Square.

Lynne is also exhibiting two photos with the New Hampshire Society of Photographic Artists at the Exeter Town Hall, weekends through the end of February. ■

Please send news to editor Claire Natola at 21 Hillrise Lane, Meredith, NH 03253 or editor@nh.us.mensa.org.



Bits and Pieces

NEW SIG: M-Cricket is a new Special Interest Group based in Australia, but open to all Mensans worldwide. If you are a fan of cricket, you can find more information about this SIG at <http://groups.yahoo.com/group/m-cricket>.

DO YOU PLAY GO? Mensa member looking for someone to teach him (and play occasionally or perhaps frequently) the Japanese game of GO. Please contact Chris King at chris7423@hotmail.com.

WANTED: YOUR BACK-DATE COPIES of *Mensa Bulletin*, *Momentum*, and other national publications and newsletters of Maine, Vermont, and Massachusetts chapters of Mensa. Also Registers, etc.

I will buy them for cash. I will pay \$0.15 each for any/all, duplicates included. More \$ for publications dated 1940s through 1970s. Copies will be preserved and used for good, appropriate future uses, and will never be destroyed.

Contact Walter Wakefield at 877-436-7250, see me at any of the many calendar events I attend each month, or bring to The Antiquarian Bookstore, 1070 Lafayette Road, Portsmouth, NH 03801-5408. Thank You.

FREED-M: INTELLIGENT LIBERTY is a new group intended as a relatively nonpartisan forum for the intelligent, reasoned discussion of liberty-related issues, and how to pursue an environment of philosophically honest and consistent, practical limited government, and personal liberty. To subscribe, maybe even help make a difference, send an email to Freed-M-subscribe@yahoo.com.

M-TREPRENEUR: M-trepreneur is an online group that discusses ways to make a living (or even a little more) by getting together and using our skills to set up a business, or some alternative way to make money. Please contact John Lewicke at lewicke@yahoo.com to join. We will discuss ideas online, and when we have something that we want to pursue, we'll get together in person.

FILM LOVERS UNITE! Film Lovers is a group of Mensans who love rare, independent, and international films, meeting primarily to view them at the Portsmouth Music Hall on the largest screen north of Boston. If you would like to join us, contact Claire Natola at mensabear@hotmail.com or 603-279-9986.



Letter to the Editor

Due to distressing and unforeseen recent circumstances, I sincerely regret that I am now forced to withdraw from the RVC election race. However, I would also like to announce that Walter 6 *Momentum*

Wakefield has my complete and total support.

*John McGondel
Derry, NH*



On the Scene

Mensan-About-Town Claire Natola

A Melodious Sunday Brunch

January's Second Sunday Brunch was held in Concord, New Hampshire. Five were in attendance at The Common Man, located on the site that once housed the Capitol City Diner.

In 2004, I attended Sunday Brunch twice at this restaurant with a different group, and one free mimosa was included in the \$12.95 price. I anticipated my mimosa on the morning of the Mensa brunch with great delight. However, when I asked our young server if one free mimosa was still included with brunch, I received a look of incredulity and a forlorn "No." Alas, I would have to sparkle people with just my wit, without the aid of champagne.

The \$12.95 price (\$6.95 for diners under 10 years of age) affords you a hearty buffet that includes both breakfast and luncheon selections, including a carving station, Belgian waffle station, and dessert table.

The offerings on the Sunday we gathered included scrambled eggs, bacon (albeit frighteningly undercooked), ham, hash, hash browns, chicken cordon bleu, beef stroganoff, pasta salad, apple walnut salad, roasted turkey at the carving station, and the aforementioned prepared-to-order Belgian waffles.

My two trips to the buffet put me down for the count, so I did not visit the dessert table. However, inspection of my breakfast mates' plates confirmed that it offered carrot cake, cookies and brownies. Further questioning revealed that it also contained "fruit-pastry-filled sugar

cookie things" and "chocolate cake with some raspberry or cherry drizzle on top."

Discussion ranged from the upcoming Market Day at Birka (www.birka.org) to the lost Perry Como holiday album *Christmas in Kuwait*. Punctuating (sharply) the festivities was the most heinous 1980s music imaginable, and your humble correspondent was flung kicking and screaming down High School Memory Lane. Billy Ocean, Michael Jackson, Pat Benatar, the Thompson Twins... Painful, yes. But, we finally only realized the location of our respective pain thresholds when the melodious strains of Culture Club's "I'll Tumble 4 Ya" was piped into our otherwise delightful dining space.

Here's a trivia question that stumped all present: Who performed the 1983 hit "Promises, Promises?" The answer is below.

Suddenly, while deeply involved in conversation, it dawned on me that we were listening to none other than Duke Ellington! Bill Alleman pointed out that it was now after 12:00 noon, at which time the music must have changed. Elizabeth Becker surmised that the '80s music must have been intended to rush diners through their meals during peak brunch hours to increase table turnover. A valid theory, indeed!

On a scale of 1 to 5, all in attendance agreed that the Sunday Brunch at the Common Man rated a 3. I had originally given the brunch a 3.5, until Culture Club reared its ugly head, resulting in a .5

deduction. Overall, the food was okay, but the value for the money paid was less than ideal. If you go, be sure to show up after 12:00 noon!

Oh, by the way, the answer to the question is: the British synth-pop duo Naked Eyes. 📖



Gifted Children

Maine GC Coordinator Brian Stacey

I got to meet Ann Kucera in December at the Central Maine Dinner. She is a marvelously humorous person, and truly a joy to talk with. She presented me with an idea; a “Best Gifted Program” award. I have begun the process of developing a grading system, but haven’t had any luck finding a school with a gifted program to grade, so I haven’t been able to apply the system. If there is anyone out there who knows of a school that has a program, please let me know, and we can look more closely at an award for the best one.

There hasn’t been much activity on the Gifted Children front lately, so I have nothing new to report. Once again I would like to remind you all that we, the GCCs,

are here for you. I have ideas, lesson plans, articles, and best of all, access to gifted education professionals. All of these things can be yours, if you’d like. Call or email, I will respond.

This month is the RG. I sincerely hope that all of you are able to attend. I won’t be, but I am sure that it will be a great time nonetheless.

That’s all for another month, maybe next time I will have some news from the state about all the schools in violation of Chapter 104. It doesn’t look as though Maine has any real intentions of enforcing its education laws, so I will continue to fight on the local levels. 📖



Upcoming Testing Sessions

Tell Your Friends!

Information on testing and prior evidence can be found at nh.us.mensa.org. Anyone 14 or older who wishes to take the Mensa Admissions Test should pre-register with the respective proctor listed below, who can provide testing site information. The test costs \$30; a photo-ID is required.

Date	Location	Proctor
Saturday 05 February 2005, 10:00 a.m.	Lebanon, N.H.	Marty Capodice 603-746-3648
Saturday 19 February 2005, 9:00 a.m.	Manchester, N.H. (Includes Saturday Admission to the RG!)	John Bauman 603-883-7494



Executive Committee Meeting

Recording Secretary Claire Natola

- Date:** 15 December 2004
- Present for Complete Meeting:** Bill Alleman, Darlene Alleman, John Bauman, John Lewicke, Ann Majeske, Claire Natola, Tom Shiel, Walter Wakefield
- Present for Portions of the Meeting:** Bromley Baril, Sue Barnes, Christine Bartlett, John McGondel, John Sheehan

The meeting was called to order at 8:18 p.m.

Darlene Alleman reported that, given the choice, Joe Zanca prefers to have a scholarship named for him, as opposed to a service award. Joe does not believe that the scholarship must be restricted to Mensans. Joe would like to promote this scholarship nationally as he travels to RG's, the AG, and other events, conducting his trademark auction of a \$5 bill to raise funds for the scholarship. One issue to consider in the future is whether to restrict this scholarship to only NH/ME-based applicants, or to open it to a wider audience.

Joe Zanca would like one person from our chapter to be the liaison with the Mensa Education and Research Foundation (MERF) throughout this process, and he recommended that our Treasurer be that person.

John Bauman had previously disseminated to the ExComm via email two documents: "Agreement to Establish a Mensa Local Group Scholarship Fund" and "Agreement to Establish a Restricted Endowed Mensa Foundation Scholarship Fund." Various details of these documents were discussed. Several questions remained unanswered about MERF administration of the scholarship. Therefore, the ExComm will continue to pursue answers to the questions raised prior to making any decisions regarding MERF administration of the scholarship.

Ann Majeske moved that we administer locally a Joe Zanca Scholarship in 2005 in addition to our other three previously established local scholarships. Walter Wakefield seconded. The motion was unanimously approved.

John Bauman raised the issue of funding our three previously established local scholarships. The proceeds of Joe Zanca's \$5 bill auction at our RG always went to fund these scholarships; these proceeds will now be put towards the Joe Zanca Scholarship. Proceeds from the silent auction and the book sale at our RG will still be used to fund our regular local scholarships, but these activities will need to be

complemented by other fundraising activities. John Bauman recommended that we hold a 50/50 raffle at our RG. The ExComm agreed that this was a good idea.

John Bauman reported a net gain of 16 members, bringing our total membership to 481.

Dr. Fran Tishkevich has agreed to take over the position of Gifted Children Coordinator for New Hampshire, if appointed by the ExComm. Ann Majeske moved to appoint Dr. Tishkevich to the position. John Lewicke seconded. The motion passed unanimously. The ExComm heartily thanks Bob Reed for his service as GCC for NH, and welcomes Fran to the position.

John McGondel wanted it stated in the meeting minutes that he believes that all appointed officers should be allowed to cast votes at ExComm meetings. The current bylaws provide only for elected officers to cast votes at ExComm meetings; to allow appointed officers to vote would entail a change of the bylaws. John McGondel announced his intention to pursue the proper procedure for bringing about said change.

Tom Shiel moved to adjourn. Walter Wakefield seconded. The motion passed unanimously.

The meeting was adjourned at 9:35 p.m.



Intelligence Is...

What's your definition of intelligence? Each month, we'll print a definition of intelligence provided by one of our members. Send your definition to Editor Claire Natola at mensabear@hotmail.com or 21 Hillrise Lane, Meredith, NH 03253 for consideration in a future issue of *Momentum*. This month's definition comes from Walter S. Wakefield:

Higher intelligence is the heightened ability to understand and see more of the little that we are allowed to know.



Editorial Ramblings

Claire Natola

In December, I shared with you many of the dining events that occur in Mensa chapters throughout the country. Now my spotlight falls on the gaming events and discussion groups to be found on other chapters' calendars. I hope that some of these might inspire you to host a new event or to start a new special interest group (SIG).

As can be expected, gaming events are legion throughout Mensa. One of the more frequent events involve the NTN interactive trivia games that can be found in dining and drinking establishments throughout the country. For more information about this type of entertainment, go to www.ntn.com and click on "Player's Corner." While there, you can click on "Sitefinder" to find an establishment near you that features NTN. Trivia, food, drink...what a combo! It would be great to see an NTN night, even occasionally, on our calendar.

Other gaming events throughout the country range from the all-encompassing generic "Games Nights" to those devoted to specific game types (St. Louis Area's Card Games SIG, Boston's Strategy SIG), and specific games themselves (Connecticut and Western Massachusetts' Scrabble Night, Central New Jersey's Bridge SIG, and Denver's Pinochle SIG). Several chapters have a Poker SIG; anyone want to teach me poker? (Oops! Mentioning that I'm a poker novice to a bunch of Mensans might have been a big mistake...)


Among the more amusing names of gaming events are Maryland Mensa's SIGSIG (the Saturday/Sunday Indoor

Games SIG) and Mid-America (Kansas/Missouri) Mensa's Dirty Tricks, a card game SIG.

Enough with the fun and games. Let's get serious now. Discussion groups meet monthly in many Mensa chapters, again with the topics ranging from general (Minnesota's Topics SIG) to specific (Greater Los Angeles Area's Military Discussion Group). Other discussion groups include Northern New Jersey's Serious Discussion; Boston's Public Affairs Group and Friends Discuss Politics; Metropolitan Washington's IDEAs SIG and World Affairs Discussion Group; and Greater L.A.'s Christian Apologetics, Answers to Everything, and Human History SIG.

Foreign language discussion groups enable newbies and natives alike to keep active in another tongue. Southeast Michigan Mensa alone boasts three (German, Spanish, and French), and Boston Mensa even has an Esperanto Conversation Group (in addition to a French one).

Other discussion groups revolve around books: Mid-Michigan's LitSIG, Cincinnati Area's SciFi Book Discussion Group, and Chicago Area's Mystery Book Group, for example. Some groups even meet in bookstores, such as Sangamon Valley (IL) Mensa's Bibliophiles, which meets at Barnes & Noble, and Mensa of Northeastern New York's Brainiac Browsing at Borders.

Next I'll tell you about some of the events that revolve around specific hobbies and distractions, and even some that defy categorization. Stay tuned! 



2005 RG Update

RG Programming Chair Claire Natola

Well, it's finally here! Everyone on the RG Committee looks forward to seeing old friends and making new ones at Granite Gathering 2005!

As you've surely noticed by now, music will play an important part in the festivities of the weekend. We're all excited about the new Music Plus Hospitality Room. Even if you think you may be musically challenged (like I am), I bet you'll really enjoy everything that is in store. Many thanks to Bob Oxford for all his hard work in organizing this important part of the RG!

Among the many activities Bob has planned are an informal music jam, a percussion jam, conducting, karaoke, and sing-alongs. I might even bring my didjeridu, but I don't want to frighten anyone away.

We are putting the finishing touches on the schedules of our three speaker tracks, and are confident that everyone will find something of interest. Among the presentations:

- ◆ You Can Get There By Train: a Journey through Croatia, Hungary, the Ukraine, Russia, China, and Mongolia

- ◆ Don't Save The Planet: A Discussion of the Modern Environmental Movement

- ◆ A Woman in an All-Male World: Working in a Male Maximum Security Prison

You'll also find presentations on Taoism, Self-Hypnosis, and an introductory t'ai chi class. And start thinking about dreams you'd like to share in Bette Lewicke's workshop on techniques for remembering and analyzing dreams.

Many thanks go to John Sheehan for his assistance arranging several presentations, in addition to the services of a Licensed Massage Therapist! Yes, we will have seated massages available at reasonable prices, with proceeds going to our local scholarships. Does it get any better than that?

Great food, music, presentations, and camaraderie! If you've never been to an RG, this is the one to make your first. If you haven't been to one for a long time, we think you'll be delighted at what you'll find, and want to return year after year. See you there! ■■■

Thank you for saving your...

- Egg cartons
- Cardboard boxes
- Paper towel and toilet paper cores
- Styrofoam cartons or trays
- Small paper bags
- Quaker Oat boxes

...for the Children's Room at the RG! We appreciate your assistance in supplying what we need for some fun activities. You can drop these items off at the Registration Table when you arrive for the RG. If you need assistance getting your items there, please call Claire Natola at 603-279-9986 prior to February 15.



Feb 18th - 20th 2005 NH RG's Music Plus Hospitality!



Come, enjoy, listen & participate

NEW "Music Plus Hospitality" room

(Note: There will still be the Traditional Hospitality Room!)

Please bring your instruments!!!

- | | | |
|---------------|----------------------------|----------------|
| • Drums | • Guitars | • Dulciners |
| • Banjos | • Bases | • Harps |
| • Voices! | • Clarinets | • Keyboards |
| • Tambourines | • Maracas | • French Horns |
| • Fiddles | • Saxophones | • Trumpets |
| • Trombones | • Other Exotic Instruments | • Whatever! |

Designed around musical talent and across the hall from the Traditional Hospitality Room, the **Music Plus Hospitality** will feature performances by talented Mensans as well as local performers.

There will be formal "Sing Alongs", Solo performers, duos, educational presentations, time set aside for "Just Jammin'" with your friends **and MORE!** I've heard rumors about maybe Ballroom Dance lessons too!

Basic sound reinforcement equipment (Microphones and such) and a Piano (Maybe a Synth/Keyboard if we can't get the real thing) will be provided. So if you play a piano, you don't have to bring your Mason and Hamlin Concert Grand along! If you require anything unusual that you can't bring yourself, please let Bob know and he'll try to work it out.

Come, enjoy, listen & participate

NEW "Music Plus Hospitality" room

Please bring your instruments!!!

If you are musically inclined and interested in performing or would like to be a speaker on a musical topic, please contact: **Bob Oxford** at 603-626-3000 as soon as possible!

Check out: <http://nh.us.mensa.org/rgnews.shtml> for Up to the Minute NH RG News!!

Know Someone Who Is Mensa Material?

A Mensa Admission Test will be offered at 9:00 a.m. on Saturday, February 19 at the Regional Gathering. Anyone who sits for the test is invited to stay for the day! We're confident that after enjoying a day at the RG, anyone offered membership will

surely want to join Mensa! So, be sure to encourage your friends and family members to take the Mensa test! Pre-registration is necessary; contact John Bauman at 603-883-7494. The test costs \$30 and a photo ID is required.

Granite Gathering 2005
Phant-M: The Music of the Night
February 18-20, 2005



Please join us in New England for NH Mensa's 15th Annual Regional Gathering! We'll have plenty of food, drink and revelry! Meet new and old friends alike on the top floor of the Radisson Hotel, with a lovely view of the city below. We have a great speaker line-up, as well as games, contests, and surprises spread throughout the weekend.

**FULL SATURDAY NIGHT BBQ BUFFET INCLUDED IN
REGISTRATION COST THIS YEAR!**

Hotel Information: Radisson Hotel Manchester at the Center of NH, 700 Elm Street, Manchester, NH 03101. Single/Double/Triple/Quad \$92. Rates guaranteed until 1/27/04. Call 1-800-333-3333 or 1-603-625-1000 and ask for "NH Mensa" rate.

Registration: \$75. Children 8-17 are \$60. Children under 8 are free. Saturday rate is \$65. Make your checks payable to "NH Mensa" and bring with this form to the registration table at the RG. If you'd like to let us know in advance that you're coming, feel free to contact Darlene or Walter at the numbers listed below.

Questions? Contact Darlene (603-529-4446) or Walter (877-436-7250, toll-free) or rgchair@nh.us.mensa.org.

Name: _____ Name on badge: _____

Address: _____

City: _____ State: _____ ZIP Code: _____

Telephone: _____ email: _____

Amount enclosed: _____ (make checks payable to "NH Mensa") *or*

MC/Visa # _____ Expires: ____/____

Name on Card: _____

Check for the latest details at www.nh.us.mensa.org/rgnews.shtm



Good Wine Cheap

(and good food to go with it)

John Grover

Portugal is a land of good food and excellent wine. It is known for its delightful seafood and many other aromatic dishes. Most of the meat recipes start with “In a large pot, sauté garlic and onion with olive oil, braise the meat (chicken, beef or pork), cover with wine and...” How can you go wrong with that? Just go on to your search engine and enter “Portugal recipes” for a real adventure.

The wine this month is a red from the Dao Region of central Portugal. The 2000 Cardeal (brand name) is produced by

Caves Dom Tedosio. This wine is a blend of 40% Touriga, 30% Rufete and 30% Bastardo grapes (I think I know a few of those latter guys). It has a dry earthy flavor that includes hint of berries but is dominated by an old world taste of moderate tannins and acidity. It finishes on a slightly spicy note. Cardeal Dao is a good food wine matching well with cheese, roasted chicken and when served with the zesty soup below. I paid \$7 a bottle for this wine.

Portuguese Green Soup

(from Bon Appetit magazine)

- 2 tbsp olive oil
- 1 medium onion, chopped
- 3 cloves garlic, minced
- 1 bunch collard greens, center stems cut away, leaves thinly sliced
- 1 pound fully cooked spicy sausage (such as linguíça, andouille, or hot links), cut into 1/2-inch-thick rounds
- 5 and 3/4 cups low-salt chicken broth
- 1 and 3/4 pounds russet potatoes, peeled, diced
- 1/2 tsp dried crushed red pepper

Heat olive oil in large pot over medium-high heat. Add onion and garlic. Sauté until onion is soft and golden, about 5 minutes. Add collard greens and sauté until wilted, about 4 minutes. Add sausage and sauté 5 minutes. Add broth and potatoes. Simmer soup uncovered until potatoes are tender, about 20 minutes. Transfer 2 cups soup (without sausage) to processor. Blend until smooth; return to pot of soup and bring to simmer. Mix in crushed red pepper. Season with salt and black pepper. Makes 4 main-course servings. Serve with a loaf of crusty peasant bread for a wonderful meal during the cold months ahead.

I hope that you will contact me with your comments and favorite wines at jgrover@berk.com. I will be happy to share them with the broader Mensa group.

John Grover is a member of Mensa of Northeastern New York. He lives with his wife Sharon in the Hudson Valley of New York. ■

Calendar of Events

February 2005

Su	M	Tu	W	Th	F	Sa
30 Jan	31	01 Feb	2 Meditation Techniques	3	4 Temperance League	5
6 Patriots Superbowl Party II	7	8	9 Meditation Techniques	10	11 The Moveable Feast	12 Central Maine Dinner
13 Second Sunday Brunch Bunch	14 <i>Valentine's Day</i>	15	16 RG Planning Meeting Meditation Techniques FSM/ ExComm/ Business Meeting	17	18 Granite Gathering 2005!	19 Granite Gathering 2005! Special Business Meeting
20 Granite Gathering 2005!	21 <i>Presidents' Day</i>	22	23 Meditation Techniques	24	25 Appetite for Discussion	26
27	28	01 Mar	2 Meditation Techniques	3	4 Temperance League	5

New Hampshire Mensa

Send all correspondence to: *Officer Name*
 New Hampshire Mensa
 P.O. Box 7998
 Nashua, NH 03060-7998